

## Ingreadients

3/4 cup of wholemeal flour
300 ml of fresh whole milk
1 freerange egg
1 pinch of sallt

## Served with:

Sugar/lemon, Nutella spread, fresh cream

## Directions

Crack egg into mixing bowl
Add the flour in 3 parts Add the milk 100 ml at a
time whilst mixing
Season with some salt Cook for 3mins in a non stick frying pan (tossing pancakes optional!)

## MADE BY

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